

**ATUL VIDYALAYA**  
**SECOND PRELIMINARY EXAMINATION 2012-13**  
**PHYSICAL EDUCATION**

**D**

**STD: X**  
**DATE :**  
**SESSION :**

**MM :100**  
**TIME:2hrs**

*Answer to this paper must be written on the paper provided separately.  
You will not be allowed to write during the first 15 minutes.  
This time is to be spent in reading the question paper.*

*The time given at the head of this paper is the time allowed for writing the answers.*

*Attempt all question from section A and two questions from section B.*

*The intended marks for questions or parts of questions are given in brackets ( ).*

**SECTION A (50 MARKS)**

**ATTEMPT ALL QUESTION**

**Question 1**

- (a) State any two defects of vision. (2)
- (b) State the sleep requirements for infants and for children up to the age of four years. Give reason to justify your answer. (4)
- (c) What first aid treatment should be given to a person suffering with deep cuts? (4)

**Question 2**

- (a) What do you mean by "Droplet Infection"? Write the preventive measures for the same. (4)
- (b) What is splint? When is it used. (4)
- (c) Name the casual agents for the following diseases - : (2)
  - (i) Pneumonia
  - (ii) Cholera

**Question 3**

- (a) State two causes of electrical accidents. (2)
- (b) What first aid should be given in case of cramp? (3)
- (c) What points should be kept in mind in order to take proper care of our eyes? (3)
- (d) What are congenital diseases? (2)

**Question 4**

- (a) State any two diseases spread by fungi. (2)
- (b) Explain the role of fat, carbohydrate and protein for a healthy body? (4)
- (c) What is the difference between Prescribed and Non-Prescribed drugs? (4)

**Question 5**

- (a) Explain the RICE principle for management of sprain. (4)
- (b) What are the symptoms of ring worm? (2)
- (c) What is Pulmonary Tuberculosis? Write the symptoms and preventive measures of the disease. (4)

Contd. on pg-2

